# BEFORE THE DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

Against:	)	
WILLIAM A. OKERBLOM, M.D.	)	File No: 08-1997-78954
Physician's and Surgeon's Certificate No. G 49571	<i>*</i> )	
Respondent.	, ) )	
DECISIO	ON AND O	ORDER .
The attached Stipulated Settlement	t and Disc	iplinary Order is hereby adopted by th
Division of Medical Quality of the Medica	l Board of	California, Department of Consumer
Affairs, State of California, as its Decision	in the abo	ove-entitled matter.

This Decision shall become effective at 5:00 p.m. on December 10, 1999

DATED November 10, 1999

DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA

Ira Lubell, M.D. Chair, Panel A

1	BILL LOCKYER, Attorney General of the State of California
.2	GAIL M. HEPPELL, Supervising
. 3	Deputy Attorney General STEPHEN M. BOREMAN
4	Deputy Attorney General 1300 I Street, Suite 125
5	P. O. Box 944255 Sacramento, CA 94244-2550
, 6	Telephone: (916) 323-8203
7	Attorneys for Complainant
8	
9	BEFORE THE DIVISION OF MEDICAL QUALITY
10	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS
11	STATE OF CALIFORNIA
12	In the Matter of the Accusation Against:  Output  Description:  Ou
13	WILLIAM A. OKERBLOM, M.D.
14	2009 South Miller Street
15	Physician and Surgeon's  Output  Disciplinary order  Disciplinary order
16	Certificate No. G-49571,
17	Respondent. )
18	IT IS HEREBY STIPULATED AND AGREED by and between the parties to
19	the above-entitled proceedings that the following matters are true:
20	1. An Accusation in Case No. 08-1997-78954 was filed with the Division of
21	Medical Quality, of the Medical Board of California Department of Consumer Affairs (the
22	"Division") on May 7, 1999, and is currently pending against William A. Okerblom, M.D.
23	("respondent").
24	2. The Accusation, together with all statutorily required documents, was duly
25	served on the respondent on or about May 11, 1999, and respondent filed a timely Notice of
26	Defense contesting the Accusation. A copy of Accusation No. 08-1997-78954 is attached as
27	Exhibit "A" and hereby incorporated by reference as if fully set forth.

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- 3. The Complainant, Ronald Joseph, is the Executive Director of the Medical Board of California and brought this action solely in his official capacity. The Complainant is represented by the Attorney General of California, Bill Lockyer, by and through Deputy Attorney General Stephen M. Boreman.
  - 4. The respondent is representing himself in this matter.
- 5. The respondent has been fully apprized of, and fully understands the charges contained in Accusation No. 08-1997-78954, and the respondent has been fully advised of, and fully understands his legal rights and the effects of this stipulation.
- 6. At all times relevant herein, respondent has been licensed by the Medical Board of California under Physician and Surgeon's Certificate No. G-49571, which certificate is currently suspended.
- Accusation and that, if proven at hearing, the charges and allegations would constitute cause for imposing discipline upon his certificate. Respondent is fully aware of his right to a hearing on the charges contained in the Accusation, his right to confront and cross-examine witnesses against him, his right to the use of subpoenas to compel the attendance of witnesses and the production of documents in both defense and mitigation of the charges, his right to reconsideration, appeal and any and all other rights accorded by the California Administrative Procedure Act and other applicable laws. Respondent knowingly, voluntarily and irrevocably waives and give up each of these rights.
- 8. Respondent admits that the Division could provide proof at hearing to sustain the allegations in Accusation No. 08-1997-78954, and agrees that respondent has thereby subjected his certificate to discipline pursuant to Business and Professions Code section 2239 and restriction of practice pursuant to Code section 822. Respondent agrees to be bound by the Division's Disciplinary Order as set forth below.

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.  9. The admissions made by respondent herein are for the purpose of settling this proceeding and for any other proceedings in which the Division of Medical Quality, Medical Board of California, or other professional licensing agency is involved, and shall not be admissible in any other criminal or civil proceedings.

- 10. Respondent acknowledges that he shall not be permitted to withdraw from this stipulation unless it is rejected by the Medical Board of California, Division of Medical Quality.
- Based on the foregoing admissions and stipulated matters, the parties agree that the Division shall, without further notice or formal proceeding, issue and enter the following order:

#### **DISCIPLINARY ORDER**

IT IS HEREBY ORDERED that Physician and Surgeon's Certificate No. G-49571 issued to William A. Okerblom, M.D. is revoked. However, the revocation is stayed and respondent is placed on probation for a period of seven (7) years. Within 15 days after the effective date of this decision the respondent shall provide the Division, or its designee, proof of service of a true copy of this decision on the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to respondent or where respondent is employed to practice medicine and on the Chief Executive Officer at every insurance carrier where malpractice insurance coverage is extended to respondent.

1. **PSYCHOTHERAPY.** Within 60 days of the effective date of this decision, the Division or its designee shall provide to respondent a list of three, pre-approved psychotherapists in respondent's community, and respondent shall thereupon indicate his choice of psychotherapist from among the three. Upon selection and submission of the name of the approved psychotherapist to the Division or its designee, respondent shall undergo and continue treatment until the Division or its designee deems that no further psychotherapy is necessary. Respondent shall have the treating psychotherapist submit quarterly status reports to the Division or its designee. The Division or its designee may require respondent to undergo psychiatric

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evaluations by a Division-appointed psychiatrist. The respondent shall pay the cost of therapy and evaluations.

- BIOLOGICAL FLUID TESTING. Respondent shall submit to biological fluid testing, at respondent's cost, upon the request of the Division or its designee.
- 3. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California, and remain in full compliance with any court ordered criminal probation, payments and other orders.
- **QUARTERLY REPORTS.** Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Division, stating whether there has been compliance with all the conditions of probation.
- 5. PROBATION SURVEILLANCE PROGRAM COMPLIANCE. Respondent shall comply with the Division's probation surveillance program. Respondent shall, at all times, keep the Division informed of his addresses of business and residence which shall both serve as addresses of record. Changes of such addresses shall be immediately communicated in writing to the Division. Under no circumstances shall a post office box serve as an address of record. Respondent shall also immediately inform the Division, in writing, of any travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) days.
- 6. INTERVIEW WITH THE DIVISION, ITS DESIGNEE OR ITS **DESIGNATED PHYSICIAN(S).** Respondent shall appear in person for interviews with the Division, its designee or its designated physician(s) upon request at various intervals and with reasonable notice.
- TOLLING FOR OUT-OF-STATE PRACTICE, RESIDENCE OR **IN-STATE NON-PRACTICE.** In the event respondent should leave California to reside or to practice outside the State or for any reason should respondent stop practicing medicine in California, respondent shall notify the Division or its designee in writing within ten (10) days of the dates of departure and return or the dates of non-practice within California. Non-practice is

- 8. COMPLETION OF PROBATION. Upon successful completion of probation, which shall consist in successful completion of and compliance with all terms and conditions of this disciplinary order, as determined by the Division, respondent's certificate shall be fully restored.
- 9. **<u>VIOLATION OF PROBATION.</u>** If the Division finds that respondent has violated probation in any respect, the Division may, in its discretion, revoke probation and revoke respondent's license to practice medicine, certificate No. G-49571.
- 10. **PROBATION COSTS.** Respondent shall pay the costs associated with probation monitoring in the amount of \$2,304. Such costs shall be payable to the Division of Medical Quality and delivered to the designated probation surveillance monitor at the first meeting of respondent with his probation surveillance monitor. Failure to pay costs within 30 days of the due date shall constitute a violation of probation.
- 11. **LICENSE SURRENDER.** Following the effective date of this decision, if respondent ceases practicing due to retirement, health reasons or is otherwise unable to satisfy the terms and conditions of probation, respondent may voluntarily tender his certificate to the Board. The Division reserves the right to evaluate the respondent's request and to exercise its discretion whether to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances. Upon formal acceptance of the tendered license, respondent will no longer be subject to the terms and conditions of probation.
- 12. **FAILURE TO MEET TERMS & CONDITIONS.** Failure to meet the terms and conditions of probation detailed above shall constitute grounds for immediate suspension.

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**CONTINGENCY** 

This stipulation shall be subject to the approval of the Division. Respondent understands and agrees that Board staff and counsel for complainant may communicate directly with the Division regarding this stipulation and settlement, without notice to or participation by respondent or his counsel. If the Division fails to adopt this stipulation as its Order, the stipulation shall be of no force or effect, it shall be inadmissible in any legal action between the parties, and the Division shall not be disqualified from further action in this matter by virtue of its consideration of this stipulation. After respondent executes this stipulation, he shall not be permitted to withdraw from it.

**ACCEPTANCE** 

I have read the above Stipulated Settlement and Disciplinary Order. I fully understand the terms and conditions and other matters contained therein. I understand the effect this Stipulated Settlement and Disciplinary Order will have on my certificate, and agree to be bound thereby. I enter this stipulation freely, knowingly and voluntarily.

DATED: 10 21 99

WILLIAM A. OKERBLOM, M.D.

Respondent

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### **ENDORSEMENT**

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for the consideration of the Division of Medical Quality, Medical Board of California, Department of Consumer Affairs.

DATED: Oct 121, 1999

BILL LOCKYER, Attorney General of the State of California GAIL M. HEPPELL, Supervising Deputy Attorney General

STEPHEN M. BOREMA Deputy Attorney General

Attorneys for Complainant

Exhibit: Accusation

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8	BEFORE THE
9	DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA
13	DEPARTMENT OF CONSUMER AFFAIRS
10	STATE OF CALIFORNIA
11	In the Matter of the Accusation ) Case No. 08-1997-78954 Against: )
12	WILLIAM A. OKERBLOM, M.D., ) ACCUSATION
13	2009 South Miller Street ) Santa Maria, CA 93454 )
14	Physician and Surgeon's )
15	Certificate No. G-49571, )
16	Respondent. )
17	
18	The Complainant alleges:
19	<u>PARTIES</u>
20	1. Complainant, Ronald Joseph, is the Executive Director of the Medical
21	Board of California (hereafter the "Board") and brings this accusation solely in his official
22	capacity.
23	2. On or about February 7, 1983, Physician and Surgeon's Certificate
24	No. G-49571 was issued by the Board to respondent William A. Okerblom, M.D. (hereafter
25	"respondent"). This certificate will expire unless renewed on June 30, 1999.
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On April 30, 1999 an Interim Suspension Order was issued by the Office of Administrative Hearings restricting respondent's practice, requiring that he attend weekly psychiatric sessions and subjecting respondent to bodily fluid testing at the discretion of the Board.

## **JURISDICTION**

- This accusation is brought before the Division of Medical Quality of the Medical Board of California, Department of Consumer Affairs (hereafter the "Division"), under the authority of the following sections of the California Business and Professions Code (hereafter "Code"):
  - A. Section 2227 of the Code provides that the Board may revoke, suspend for a period not to exceed one year, or place on probation, the license of any licensee who has been found guilty under the Medical Practice Act, and may recover the costs of probation monitoring if probation is imposed.
  - B. Section 2234 provides, in pertinent part, that the Board shall take action against any licensee who is charged with unprofessional conduct.
  - C. Code section 2234 (a), provides that unprofessional conduct includes, but is not limited to, violating or attempting to violate, directly or indirectly, or assisting in or abetting the violation of, or conspiring to violate, any provision of this chapter.
  - D. Code section 2234 (e), provides that the commission of any act involving dishonesty or corruption which is substantially related to the qualifications, functions or duties of a physician and surgeon constitutes unprofessional conduct.
  - E. Code section 2239 (a), provides in part that the use or prescribing for or administering to himself of any controlled substance, or of a dangerous drug in such a manner as to be dangerous or injurious to the licensee, or to any other

person or the public, or to the extent that such use impairs the ability of the licensee to practice medicine safely, constitutes unprofessional conduct.

- F. Section 125.3 of the Code provides, in part, that the Board may request the administrative law judge to direct any licentiate found to have committed a violation or violations of the licensing act, to pay the Board a sum not to exceed the reasonable costs of the investigation and enforcement of the case.
- G. Code section 822 provides in relevant part that where the licensing agency determines that a licensee's ability to practice his profession safely is impaired because he is mentally ill, or physically ill affecting his competency, the licensing agency may take action by revoking the licentiate's certificate or license, suspending the licentiate's right to practice, placing the licentiate on probation, or taking such other action as the licensing agency in its discretion deems proper.
- H. Section 14124.12(a) of the Welfare and Institutions Code provides in pertinent part that upon written notice of the Medical Board of California that a physician and surgeon's medical license has been placed on probation as a result of a disciplinary action, no Medi-Cal claim for the type of surgical service or invasive procedure giving rise to the probationary order and performed on or after the effective date of said probationary order or during the period of probation shall be reimbursed, except upon a prior determination that compelling circumstances warrant the continuance of reimbursement during the probationary period for procedures other than those giving rise to the probationary order.
- 4. Respondent is guilty of unprofessional conduct within the meaning of Code sections 2234 (a), 2234 (e), and 2239 (a), and his ability to practice medicine safely is impaired due to mental illness within the meaning of Code section 822 as set forth in greater detail herein below.

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2	(Unprofessional Conduct: Self Prescribing of Controlled or Restricted Substances in Violation of the Act) [Bus. & Prof. Code §§ 2234 and 2239 (a)]
3	[Bas. & 1101. Code 88 2234 and 2239 (a)]
4	5. On or about the period from March to June of 1996, respondent
5	telephoned prescriptions for lithium in to a pharmacy in his mother-in-law's name (Florence
6	D ), and obtained the prescribed medication (lithium) for his own use. Respondent also used
7	anti-depressant medications obtained as medical samples in his office, without legitimate medical
8.	authorization or supervision therefor.
9	6. Respondent's self use of dangerous drugs as set forth in paragraph 5, above,
10	constitutes unprofessional conduct within the meaning of sections 2234 and 2239 (a).
11	SECOND CAUSE FOR DISCIPLINE
12	(Act Involving Dishonesty or Corruption) [Bus. & Prof. Code § 2234 (e)]
13	7. Complainant realleges paragraph 5, above, and incorporates it herein by
14	reference as if fully set forth at this point.
15	8. Respondent's conduct in obtaining dangerous drugs in the name of another
16	person for his own use, as set forth in paragraph 5, above, constitutes unprofessional conduct
17.	within the meaning of Code section 2234 (e).
18	FIRST CAUSE FOR PRACTICE RESTRICTIONS
19	(Ability To Practice Medicine Safely Impaired Due to Mental Condition Affecting Competency)
20	[Bus. & Prof. Code § 822]
21	9. On or about March 2, 1999 respondent was examined by Manuel Saint
22	Martin, M.D., J.D., a board-certified psychiatrist. Dr. Saint Martin found respondent to be
23	suffering from bipolar disorder, a mental condition rendering respondent unable to practice safely
24	without close psychiatric supervision. Dr. Saint Martin also found that Dr. Okerblom is not
25	revealing his symptoms, is attempting to cover his pathology, has only limited insight into his
26	condition, and will invariably lapse into mania, which will progress unchecked without
7	intervention.

1	10. Respondent is unable to practice medicine safely and therefore is subject to
2	restriction of his practice because he is mentally ill within the meaning of Code section 822.
3	PRAYER
4	WHEREFORE complainant requests that a hearing be held on the matters alleged
5	herein and that, following the hearing, the Division issue a decision:
6	1. Revoking or suspending Physician and Surgeon's Certificate No. G-49571
7	heretofore issued to William A. Okerblom, M.D.;
.8	2. Revoking, suspending or denying approval of respondent's authority to
9	supervise physician assistants pursuant to Code section 3527;
10	3. Ordering respondent to pay the Division the actual and reasonable costs of
11	the investigation and enforcement of this case and the costs of probation monitoring if probation
12	is imposed; and
13	4. Taking such other and further action as the Division may deem necessary
14	and proper.
15	DATED: May 7, 1999
16	Sto. M.G.
17	Ronald Joseph
18	Executive Director  Medical Board of California
19	Department of Consumer Affairs State of California
20	Complainant
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